

SHANDON BOAT CLUB

Travelling Code of Conduct

Rowers and coaches travelling to events as members of Shandon Boat Club are reminded that they represent themselves, their family, their Club, the sport of rowing and (in some cases) their country when participating in rowing events.

Shandon requires all representing the Club to abide by the following conditions when travelling to and participating at events:

- 1 Responsible, orderly, and reasonably quiet behaviour is expected at all times including while traveling on rented or public transportation, when at regatta sites, when in restaurants and in all other public areas.
- 2 Junior rowers may not drink or carry alcoholic beverages. Senior rowers, coaches and chaperones are expected to provide good example in this regard and not to drink alcohol while supervising junior members. At any time excessive drinking by senior rowers or supervising adults is not acceptable while attending or staying overnight at events at which Shandon Boat Club junior members are participating.
- 3 Junior members are not permitted to smoke tobacco.
- 4 Rowers may not use medicines or drugs other than those prescribed to them by a physician. Such drugs must be reported to travelling coaches and/or supervisors. Proper administration of medications will be the rower's responsibility.
- 5 When staying overnight a high standard of hotel etiquette must be observed including but not limited to:
 - The following behaviour is not acceptable:
 - running up and down hallways
 - constant room to room telephoning or prank phone calls
 - playing loud music or television
 - any kind of roughhouse behaviour
 - pranks of any nature that may result in damage to property or injury to self or others.
 - any damage to your room or its contents
 - Junior male and female rowers may not visit each other's rooms unless with the express permission of the travelling adult chaperones and never with the doors closed.

- Athletes from other teams are not allowed in rowers hotel rooms unless explicit approval has been given by a travelling Shandon coach and/or chaperone.
- Any expenses incurred associated with telephone, movie rentals, room service, damage etc. are the responsibility of the individual concerned.

6 All those travelling are expected to respect each individual's need for rest/study times, which will vary from trip to trip.

7 Rowers must show respect for all travelling coaches and chaperones and comply with their instructions including those regarding attendance at meetings, mealtimes, curfews, equipment preparation, compliance with club rules and codes of conduct.

8 At events, rowers must show absolute respect for all regatta officials including umpires, timekeepers, judges and volunteers. Any disagreement with the decision of a regatta official should be brought to the attention of the Shandon Captain or relevant coach and the matter left for him/her to deal with. Rowers should never engage in a dispute or verbal altercation with an official and on no account should abusive or disrespectful language be used to an official

General

Contravention of this code may result in a rower being scratched from the competition in question and/or being sent home early from the event (at their own cost).

Anyone reported to be in breach of the code will be required to attend a disciplinary meeting with Club officials on his/her return.

This Code is in effect from the point of departure until returning home.

Anyone travelling to an event as a member of, or on behalf of, Shandon Boat Club who has received by email or otherwise a copy of this policy will be assumed to have read, understood and agreed to comply with all the conditions contained herein.

Frank Coghlan
Secretary
Shandon Boat Club